

# Types of Energy

Type	Description
Thermal/Heat Energy	Flows from hot objects to colder objects 3 Examples:
Kinetic Energy	Anything that moves energy 3 Examples:
Nuclear Energy	Released only from nuclear reactions 3 Examples:
Sound Energy	Anything noisy 3 Examples:
Light Energy	Anything luminous 3 Examples:
Chemical Energy	Anything with stored energy which can be released by a chemical reaction 3 Examples:
Electrical Energy	Is easily converted into other forms – wherever there is a current flowing there is.... 3 Examples:
Gravitational Potential Energy	Anything above the ground 3 Examples:
Elastic Energy	Anything stretched 3 Examples: